

Twiningenterprise

mental wellbeing through work

Harrow Mental Health Employment Network: Service Directory

Name	Service Details	Eligibility	Referrals
Harrow IPS Trailblazer	<p>Specialist employment support for people with common mental health conditions. A brand new service with Employment Specialists fully integrated within IAPT clinical teams</p> <ul style="list-style-type: none"> • 1:1 support to enter mainstream employment • Follows customers' job preferences and choices • Support with job searching, CVs and applications • Engaging with local employers • Up to six months in-work support 	<p>A brand new service for patients with anxiety, depression, OCD or PTSD;</p> <p>Anyone living in Harrow who has a common mental health condition such as OCD, depression, anxiety or PTSD. Is unemployed and receiving JSA, ESA or UC. Is not on the Work Programme, meets IAPT eligibility and lives in an eligible ward within Harrow.</p> <p>Eligible Wards: Belmont, Canons, Edgware, Marlborough, Roxbourne, Wealdstone</p>	<p>Harrow@twiningenterprise.org.uk</p> <p>03001 235 174</p>
Harrow IPS Works	<p>This innovative new service is delivering integrated employment support with talking therapies to help residents find sustainable work in their chosen field of employment. It's improving the quality of residents' lives and enabling them to be more independent.</p> <p>Individual Placement Support (IPS) has a good evidence base showing that it is very effective for people with severe and enduring mental health problems and our IPS Works programme will be intending to allow people with common mental health conditions to access this tailored support. Twining is a centre of excellence for</p>	<p>IPS works aims to support people who are 25 years plus with common mental health with a GAD7 General Anxiety Disorder Test Questionnaire (GAD) score of 7 or above or a Patient Health Questionnaire (PHQ9) score of at least 6.</p> <ul style="list-style-type: none"> • Be unemployed • They must NOT be on the Work Programme, or Work Choice (or its successor next year, the Work & Health Programme) this is due to the double funding ruling. • Be over 21 	<p>Harrow@twiningenterprise.org.uk</p> <p>0300 123 7059</p>

	<p>providing IPS services.</p>	<ul style="list-style-type: none"> • Live in the Borough of Harrow in an eligible ward <p>Eligible wards: Bedfont, Feltham North, Feltham West, Hanworth, Hanworth Park.</p>	
<p>Harrow IAPT</p>	<p>Confidential one-to-one meetings with an Employment Advisor. The Advisor works with the clinical workers in the team to make employment support a part of your overall package of care and treatment. What we do really depends on the client, however, below are examples of ways we can provide practical support.</p> <p>Based within Harrow's IAPT service which includes Well-being Advisors, Cognitive Behavioural Therapists, Counsellors and Advocates.</p> <ul style="list-style-type: none"> • Providing careers advice & guidance • Support in writing a great CV/ filling out application forms • Helping you search for jobs • Welfare benefits advice <p>We can help clients on sick leave by:</p> <ul style="list-style-type: none"> • Exploring return to work solutions with employer • Seeing what adjustments might help • Supporting a return to work that is managed and achievable <p>We can help you clients struggling in work by:</p> <ul style="list-style-type: none"> • Addressing any difficulties at work • Helping gain support from employers, human resources or occupational health • Advising on new roles/jobs/careers, if needed 	<p>This service is available for anyone in Harrow who:</p> <ul style="list-style-type: none"> • Has a diagnosis of depression or anxiety • Lives in the Borough of Harrow • Is receiving support from the IAPT team • Wants to find work, return to work from sickness absence or stay in work • Is unemployed • Or signed off sick from work, or in work but struggling 	<p>GP to refer to Twining Enterprise Employment Specialist in Harrow IAPT.</p> <p>Amina Deane</p> <p>07908 722385 Harrow@ twiningenterprise.org.uk</p>